

# **PACKING CHECKLIST**

## PACKING TIPS

As weather conditions can change from one extreme to the other quite quickly, we recommend packing both warm and lighter clothes that can be layered. Wind chill can be extreme, so an insulated jacket/coat and long pants are important items to pack. We do also occasionally have wet landings, so passengers are advised to pack closed protective footwear such as river walkers or aqua soles and a pair of good walking shoes. The below packing checklist will make packing for your expedition simple.

#### LANDINGS AND EXCURSIONS:

- Small day pack to take on excursions for water or photography equipment and other supplies - preferably waterproof (available for purchase onboard)
- Preferred supplies to stay hydrated: hydralyte powder/ tablets for your water bottle, Camelbak or hydration pack
- Thermal underwear
- Warm beanie or knitted hat
- Thick socks or stockings
- Swimsuit and/or board shorts (for swimming opportunities)
- Sunglasses
- Comfortable, broken-in walking shoes or light hiking boots
- Wet landing shoes such as reef walkers or Tevas (see image)
- Lightweight long-sleeve shirt
- Insulated wind-proof jacket
- Long pants, lightweight and close weave, waterproof or insulated
- Sunscreen & insect repellent a supply is available onboard, however if you have brand preferences or sensitivities you may wish to bring your own. We recommend and supply Marine Friendly SPF 50+ sunscreen on board which is non-toxic to marine life

### EXAMPLES OF WET LANDING SHOES



#### ONBOARD:

Sandals or casual shoes for onboard use Comfortable casual or smart-casual clothing Warm pullover / jumper Preferred personal hygiene products (additional to those amenities supplied onboard) and any prescription medications for the length of voyage LIST OF SUGGESTED ITEMS: Sunhat or cap with brim (available for purchase onboard) Marine Friendly sunscreen, lip balm & insect repellent and sunburn relief products Journal & pen or pencil Protective face mask as precautionary measure Hiking sticks for navigating uneven surfaces Hand sanitizer (also available onboard) Long-sleeve shirt or rashie for sun protection (available for purchase onboard) Binoculars Camera with battery charger and memory cards Seasickness pills or bracelets if you are prone to seasickness (available to be dispensed on board at a cost) Waterproof Rain jacket Earplugs and/or eye-shade for light sleepers Plug adapters or voltage converters PACK IN CARRY-ON: Prescription medication Extra pair of eyeglasses or contact lenses