

# SMALL ISLANDS OF THE INDIAN OCEAN



## SUGGESTED PACKING CHECKLIST

Weather conditions can change from one extreme to the other quite quickly. We recommend packing clothes that can be layered. Wet-landings are common and pants which can be rolled up, shorts or a cotton skirt/dress are ideal. A lightweight long-sleeved shirt will help provide protection from the sun or any mosquitoes, and a light jumper is a great way to take the chill of a breezy night. Guests are strongly advised to wear waterproof footwear during day excursions, or bring spare dry shoes to change into for excursions. A rain jacket is also essential in case of wet weather. A wrap scarf to cover shoulders easily is also recommended for cultural experiences requiring additional modesty. The below packing checklist will make packing for your expedition simple.

### EXPEDITION BASICS:

- Small day pack to take on excursions for water or photography equipment and other supplies - preferably waterproof (available for purchase onboard)
- Preferred supplies to stay hydrated: hydralyte powder/tablets for your water bottle, Camelbak or hydration pack
- Sunhat with brim (available for purchase onboard)
- Swimsuit and/or board shorts (for swimming opportunities)
- Sunglasses
- Comfortable, broken-in hiking boots or walking shoes
- Wet landing shoes such as reef walkers or Texas (see images below)
- Comfortable pants, shorts or fitness gear for walks
- Long-sleeve shirt or rashie for sun protection
- A light windbreaker jacket and scarf for cool sea breezes in the south
- Sunscreen, lip balm & insect repellent and sunburn relief products - *A supply is available onboard, however you may wish to bring your own. We recommend and supply Marine Friendly SPF 50+ sunscreen on board which is non-toxic to marine life.*

### EXAMPLES OF WET LANDING SHOES



### ONBOARD:

- Sandals or casual shoes for onboard use
- Comfortable or smart-casual clothing
- Light long-sleeved shirts to layer
- Preferred personal hygiene products (additional to those amenities supplied onboard) and any prescription medications for the length of voyage
- Protective face mask as precautionary measure

### LIST OF RECOMMENDED ITEMS:

- Neck Buff to soak in cool water before and after activities
- Journal & pen or pencil
- Hiking sticks for navigating uneven surfaces
- Hand sanitizer for use in remote populated areas (also available onboard)
- Long-sleeve shirt or rashie for sun protection (available for purchase onboard)
- Binoculars for bird and wildlife spotting opportunities
- Camera with battery charger and memory cards
- Seasickness pills or bracelets if you are prone to seasickness
- Rain jacket, lightweight (available for purchase onboard)
- Earplugs and/or eye-shade for light sleepers
- Plug adapters or voltage converters
- Conservative clothing items such as a wrap scarf to covering shoulders and pants or skirts that are longer than knee length

### PACK IN CARRY-ON:

- Prescription medications
- Extra pair of eyeglasses or contact lenses
- Passport, Vaccination Certificate and ID