

# PACKING CHECKLIST

Due to the warm, tropical climate of this region, guests should pack lightweight clothing which can be layered. Wet-landings are common and pants which can be rolled up, shorts or a cotton skirt/dress are ideal. A lightweight long-sleeved shirt will help provide protection from the sun or any mosquitoes. Comfortable walking shoes and wet landing shoes such as reef walkers, Tevas or old sneakers are recommended. The below packing tips will make packing for your expedition very simple.

## LANDINGS AND EXCURSIONS:

- Small day pack to take on excursions for water or photography equipment and other supplies - preferably waterproof (available for purchase onboard)
- Preferred supplies to stay hydrated: hydralyte powder/ tablets for your water bottle, Camelbak or hydration pack
- Sunhat with brim (available for purchase onboard)
- Swimsuit and/or board shorts (for swimming opportunities)
- Sunglasses
- Comfortable, broken-in walking shoes or light hiking boots
- Wet landing shoes such as reef walkers or Tevas (see image)
- Comfortable pants, shorts or fitness gear for walks in warm tropical conditions
- Long-sleeve shirt or rashie for sun protection
- Sunscreen & insect repellent a supply is available onboard, however you may wish to bring your own. We recommend and supply Marine Friendly SPF 50+ sunscreen on board which is non-toxic to marine life.

## EXAMPLES OF WET LANDING SHOES



### ONBOARD:

- Sandals or casual shoes for onboard use
- Comfortable casual or smart-casual clothing
- Light long-sleeved shirts, cardigan or pullover to layer for cool evenings
- Preferred personal hygiene products (additional to those amenities supplied onboard) and any prescription medications for the length of voyage

#### LIST OF SUGGESTED ITEMS:

- Neck Buff to soak in cool water before hikes
- Sunscreen, lip balm & insect repellent and sunburn relief products (eco-safe products recommended)
- Journal & pen or pencil
- Protective face mask as precautionary measure
- Hiking sticks for navigating uneven surfaces
- Hand sanitizer for use in remote populated areas (also available onboard)
- Long-sleeve shirt or rashie for sun protection (available for purchase onboard)
- Binoculars

Camera with battery charger and memory cards

- Seasickness pills or bracelets if you are prone to seasickness (available to be dispensed on board at a cost)
- Rain jacket, lightweight (available for purchase onboard)
- Earplugs and/or eye-shade for light sleepers
- Plug adapters or voltage converters

### PACK IN CARRY-ON:

- Prescription medication
- Extra pair of eyeglasses or contact lenses