

MEDICAL RISK ASSESSMENT FOR RECREATIONAL DIVING

SE	CTION ONE		
1.	SURNAME:		GIVEN NAME:
2.	DATE OF BIRTH://		SEX: Male / Female
3.	ADDRESS:		
4.	SUBURB:	STATE:	POSTCODE:
5.	HOME PHONE:	MOBILE:	EMAIL:
6.	OCCUPATION:		

SE	CTION TWO		DETAILS
1.	Do you participate in regular physical activity?	Yes / No	
2.	Description of activity & Minutes per week:		
3.	Do you smoke cigarettes?	Yes / No	
4.	How many cigarettes do you smoke per day?		
5.	Have you been a smoker in the past?	Yes / No	
6.	Do you drink alcohol?	Yes / No	
7.	How many drinks per week (average)?		
8.	Do you take any tablets, medicines or drugs?	Yes / No	
9.	List medications taken: 1) 2) 3) 4)		
10.	Do you have any allergies?	Yes / No	
11.	Have you ever had any reactions to drugs, medicines or foods?	Yes / No	

SE	CTION THREE		NOTES ON HISTORY
1.	Previous diving medical	Yes / No	
2.	Prescription spectacle	Yes / No	70/2
3.	Contact lenses	Yes / No	10. 0
4.	Eye or visual problem	Yes / No	
5.	Denture/ Plates/ Dental prosthesis	Yes / No	
6.	Recent dental procedure	Yes / No	
7	Hay Fever	Yes / No	
8.	Sinusitis	Yes / No	MA

SEC	CTION THREE		NOTES ON HISTORY
9.	Any other nose or throat problem	Yes / No	
10.	Deafness or ringing noises in the ear	Yes / No	
11.	Ear infections or discharge from the ear	Yes / No	
12.	Giddiness or loss of balance	Yes / No	
13.	Operation on the ear	Yes / No	
14.	Severe motion sickness	Yes / No	
15.	Need to take seasickness medication	Yes / No	
16.	Any problems when flying in aircraft	Yes / No	
17.	Severe or frequent headaches	Yes / No	
18.	Migraine	Yes / No	
19.	Fainting or blackouts	Yes / No	
20.	Convulsions, fits or epilepsy	Yes / No	
21.	Unconsciousness	Yes / No	
22.	Head injury or concussion	Yes / No	
23.	Sleepwalking	Yes / No	
24.	Severe depression	Yes / No	
25.	Claustrophobia	Yes / No	
26.	Mental Illness	Yes / No	
27.	Heart disease	Yes / No	
28.	Abnormal blood test	Yes / No	
29.	ECG (heart tracing)	Yes / No	
30.	Palpitations or consciousness of your heartbeat	Yes / No	
31.	High blood pressure	Yes / No	
32.	Rheumatic fever	Yes / No	
33.	Pain or discomfort in the chest on exertion	Yes / No	
34.	Shortness of breath on exertion	Yes / No	
35.	Bronchitis or pheumonia	Yes / No	
36.	Pleurisy or severe chest pain	Yes / No	
37.	Coughing up blood or phlegm	Yes / No	
38.	Chronic or persistent cough	Yes / No	
39.	Tuberculosis (TB)	Yes / No	
40.	Pneumothorax (collapsed lung)	Yes / No	
41.	Frequent chest colds or flue	Yes / No	
42.	Asthma or wheezing	Yes / No	
43.	Need to use a puffer or inhaler	Yes / No	

SEC	TION THREE CONTINUED		NOTES ON HISTORY CONTINUED
44.	Operation on chest, lungs or heart	Yes / No	
45.	Other chest complaint	Yes / No	
46.	Indigestion, acid reflux or peptic ulcer	Yes / No	
47.	Vomiting blood or passing red or black bowel motions	Yes / No	
48.	Recurrent vomiting or diarrhoea	Yes / No	
49.	Jaundice, hepatitis or liver disease	Yes / No	
50.	Malaria or other tropical disease	Yes / No	
51.	Severe loss of weight	Yes / No	
52.	Hernia or rupture	Yes / No	
53.	Back injury	Yes / No	
54.	Significant joint problem or sports injury	Yes / No	
55.	Limitation of movement	Yes / No	
56.	Fracture (broken bones)	Yes / No	
57.	Paralysis or muscle weakness	Yes / No	
58.	Kidney or bladder diseases	Yes / No	
59.	In a high risk group for AIDS or HIV	Yes / No	
60.	Syphilis	Yes / No	
61.	Diabetes	Yes / No	
62.	Sickle cell disease	Yes / No	
63.	Bleeding problem or other blood disease	Yes / No	
64.	Skin disease	Yes / No	
65.	Contagious disease	Yes / No	
66.	Operations	Yes / No	
67.	Admitted to hospital for any reason	Yes / No	
68.	Rejected for life insurance	Yes / No	
69.	A job or a licence refused on medical grounds	Yes / No	
70.	Unable to work on medical grounds	Yes / No	
71.	An invalid pension	Yes / No	
72.	Any other illness or health problem	Yes / No	
73.	Family History of heart disease	Yes / No	
74.	Family history of asthma or chest disease	Yes / No	
75.	Family history of tuberculosis (TB)	Yes / No	
76.	Date of last chest Xray	Yes / No	
77.	Females Only: Are you now pregnant or planning to be?	Yes / No	
78.	Females Only: Do you have periods which incapacitate you or which may reduce your physical or mental performance?	Yes / No	

SE	CTION FOUR - PREVIOUS DIVING EXPERIENCE		NOTES
1.	Can you swim?	Yes / No	
2.	Have you ever had any problems during or after swimming or diving? (including decompression illness)	Yes / No	
3.	Have you ever had to be rescured?	Yes / No	
4.	Do you snorkel or dive regularly?	Yes / No	
5.	Have you tried SCUBA diving before?	Yes / No	
6.	Have you ever had formal scuba training?	Yes / No	
	Year:		
7.	Approximate number of dives:		
8.	Maximum depth of any dive:		
9.	Longest duration of any dive:		

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	I certify	that t	his	information	ıis	true	and	complete	to	the	best	t of my	knowledge	an	d I	hereb	y author	ise
	Dr								to	n a	ivo	medical	oninion	20	to	mv	fitness	or

Dr ______ to give medical opinion as to my fitness or temporary or permanent unfitness to dive to my diving instructor. I also authorise him or her to obtain or supply medical information regarding me from or to other doctors as may be necessary for medical purposes in my personal interest.

Signature:	Date	/	/
Signature.	Dute	/	4

Note:

Any chronic disease (such as hepatitis A/B/C, AIDS or tuberculosis) may increase your risks from diving. If you have a chronic disease please dicuss this with your doctor prior to diving, so they can advise you whether you will be at increased risk.

ТО	BE COMPLETED BY A REGISTERED M	EDICAL PRACTITIONE	ER		
1.	Height				
2.	Weight				
		Right Uncorrected: 6/			
3.	Vision	Left Uncorrected: 6/			
3.	VISIOII	Right Corrected: 6/			
		Right Corrected: 6/			
4.	Blood Pressure	/			
5.	Pulse	/ M	inute		
6.	Urinalysis	Albumin: Negative /	Positive		
0.	Officially 515	Glucose: Negative /	Positive		
		FEV1			
7.	PFT	FVC			
		%			
		Date: / /			
8.	Chest X-Ray (if indicated)	Place:			
		Result:			
9.	Nose/ Septum/ Airway	Normal	Abnormal		
10.	Mouth/ Throat/ Teeth/ Bite	Normal	Abnormal		
11.	External auditory capacity	Normal	Abnormal		
12.	Tympanic membrane	Normal	Abnormal		
13.	Middle ear auto inflation	Normal	Abnormal		
14.	Neurological eye movements	Normal	Abnormal		
15.	Neurological Pupillary reflexes	Normal	Abnormal		
16.	Neurological limb reflexes	Normal	Abnormal		
17.	Neurological - Finger-Nose	Normal	Abnormal		
18.	Neurological Sharpened Romberg*	Normal	Abnormal		
19.	Abdomen	Normal	Abnormal		
20.	Chest Hyperventilation	Normal	Abnormal		
21.	Cardiac Auscultation	Normal	Abnormal		
22.	Other abnormalities	Normal	Abnormal		

ENERAL COMMENTS					
XAMINATION SUMMARY	1				
	YES	Special Advice:			
tness to dive certification	NO	Temporary Reason:			
	NO	Permanent Reason:			
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